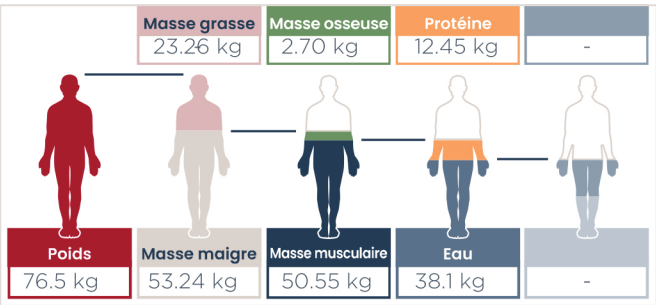


Date 08/5/2025 09:54

ID	41751298		
Nom	[REDACTED]	Taille	175 cm
Âge	[REDACTED]		

Détails

	Résultat	Sain*	Cible	
Poids	76.5 kg	57-77 kg	-	
% de graisse	30.40 %	13-25%	-	
Masse grasse	23.26 kg		-	
Masse maigre	53.24 kg		-	
Masse musculaire	50.55 kg		-	
IMC	25.00	18.5-25	-	
Âge métabolique	77.00		-	

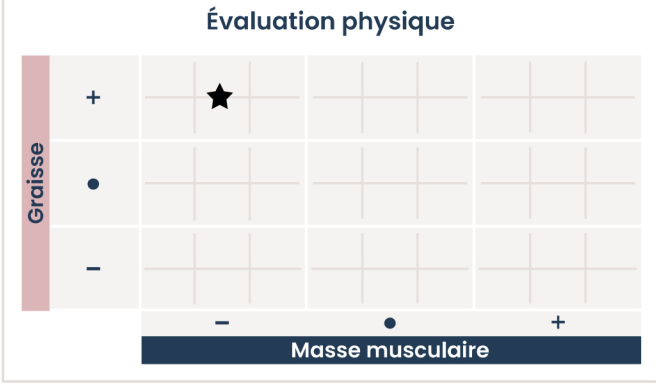


BMR - Évaluation de la graisse viscérale - Eau corporelle totale

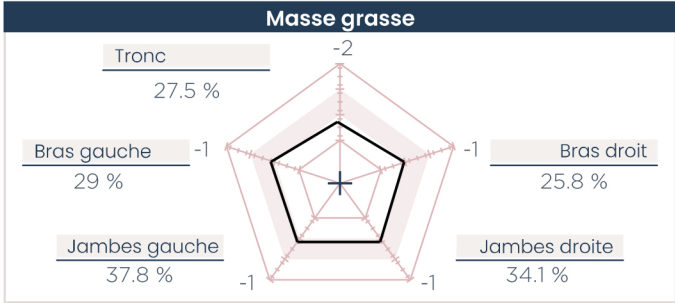
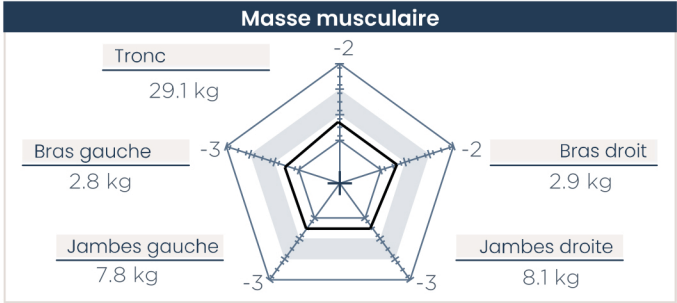
BMR	6510 kJ	
	1556 kcal	



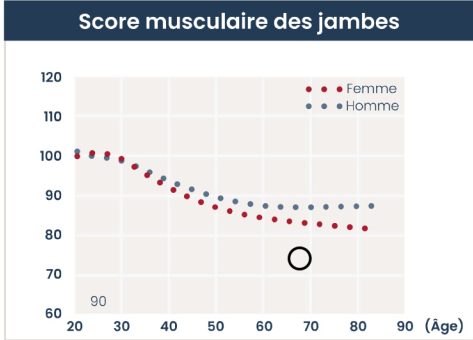
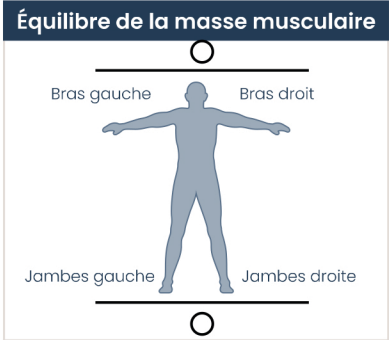
Eau corporelle totale	49.80%	
	38.1 kg	



Analyse segmentaire



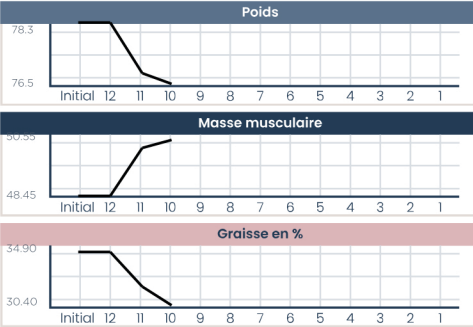
Équilibre



Notes

Historique

	Poids	Masse musculaire	Graisse en %
28.05.2025	76.5	50.55	30.40
17.05.2025	77.05	50.25	31.30
06.05.2025	78.3	48.45	34.90
Initial	78.3	48.45	34.90



Visitez notre page [Comprendre vos mesures](#) pour plus d'informations sur vos résultats de composition corporelle www.tanita.fr

*Susan Jebb et al. Obesity Research[02] 2004;12:A156-157 "New Body Fat Reference Curves for children". Gallagher D et al. Am J Clin Nutr 2000;72:694-701. "Healthy percentage body fat ranges: an approach for developing guidelines based on body mass index."

06.05.2025



17.05.2025



28.05.2025

